

## Migraine and glaucoma

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Migraine and glaucoma can sometimes be associated. Typically, most people who have experienced migraine are at a low risk of developing glaucoma. However, patients with normal pressure glaucoma, for example, quite commonly have a history of migraine. It is believed that in those cases that it is not just the eye pressure that can be associated with some of the changes in visual fields, but also somehow the circulation in the optic nerve can affect the onset and progression of glaucoma.

Migraine has many trigger factors, but can particularly be triggered by red wine, and specific stronger rich cheeses.

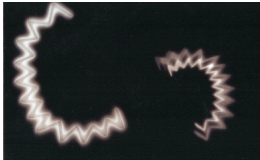


Image of some visual symptoms experienced by someone experiencing a migraine.